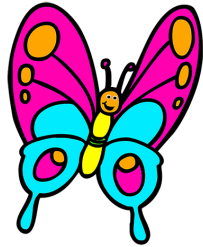




Holy Child Academy



June 2018

Lunch Menu



~Menu is subject to change, notice posted when available.~

DID YOU KNOW ?

All student lunches include

Organic Fat-free,
1% or Low Fat Milk
100% Juice and Fresh Fruit &
Fresh Vegetables

Boar's Head Sandwiches

Available Daily

Turkey, Low Sodium Ham, Genoa
Salami, Beef Bologna, American
Cheese, Roast Chicken, Italian
Hero, American Hero, Sun Butter &
Jelly, Sun Butter

Sandwiches Available

Twice-A-Week

Roast Beef, Corned Beef, Pastrami,
BBQ Chicken, Buffalo Chicken,
Tuna Salad, Chicken Salad, Egg
Salad, Seafood Salad

Sensible Alternatives Daily

Yogurt, Cereal, Assorted Fresh
Fruit, Assorted Fresh Vegetables

- Our meats, condiments and cheeses are all lean or low fat.
- We offer whole grain pastas, rice and bread products.



Food Fun Fact: California produces an amazing one billion pounds of strawberries each year. Strawberries are also a member of the rose family and are high in vitamin C!

Monday	Tuesday	Wednesday	Thursday	Friday
4 Hot Dogs	5 Grilled Cheese	6 Pasta	7 Chicken Fingers	8 Mac N' Cheese
11 Pasta	12 Gr. 1-4 Field Day BBQ Lunch	13 No lunch served <u>Noon Dismissal</u>	14 No lunch served <u>Noon Dismissal</u>	15 No lunch served <u>12:30 Dismissal</u>

Salad Bar Includes:

Assorted Cheeses
Assorted Cold Salads
Assorted Fruit
Carrots
Celery
Chick Peas
Cucumbers
Fresh Fruit
Green Peppers
Hard Boiled Eggs
Hummus
Kidney Beans
Olives
Raisins
Roasted Peppers
Romaine Lettuce
String Beans
Tomatoes
~and much more~

Products sourced by J.Kings contain Zero Trans Fats. • The majority of the food sourced by J. Kings does not contain HFCS, artificial sweeteners. We will continue to work on this initiative.

This institution is an equal opportunity provider and employer.