

March 16, 2020

Dear HCA Community,

I hope you all had an enjoyable Monday morning and are ready to take on the new week ahead. Whatever this week brings us we will tackle together, as a community, and show our children how to be optimistic in uncertain times. Given yesterday's announcement by Nassau County Executive, Laura Curran, the buildings will be closed through the week of March 23rd. We will continue with our virtual learning program and continue to provide the children with meaningful and thought-provoking lessons.

I encourage you to share this morning's assembly with your children if you have not done so yet. It reminds us that it is important to keep God close when we feel anxious or worried. By the way, there are a few cameo appearances by Dug which I did not notice until I was done filming!

I wanted to share a few reminders as we head into a full week of our virtual learning.

- We are reserving Fridays for our co-curricular classes such as: art, music, physical education, and drama. Therefore:
 - We will be sending out a new schedule for middle school students which will incorporate all of the co-curriculars.
 - Lower school students will receive their co-curricular videos on Friday.
- For middle school students: Please remember to mute your microphone when attending class through Google Meet and unmute it when you are speaking. If it is left unmuted the rest of the class can hear background noises.
- Given that many members of each household are working from home, you can expect your internet service to be a little slow. You may even be disconnected from time to time.

Overnight Trips and Field Trips

- All middle school spring overnight trips are cancelled. If you paid a deposit for either Frost Valley or Gettysburg you will be refunded the entire deposit.
- The middle school trip to Medieval Times scheduled for later in the spring has been cancelled. We will attempt to make it up at a later date in the year if availability allows.

I would like to end with the prayer that I shared this morning during assembly:

Dear Lord,
Please help me to not worry about anything.

Remind me that in every situation I can pray to you and share my concerns and fears with you.

Remind me to always give thanks to you as I share my needs.

Thank you for the promise you made that your peace would guard my heart and mind in Christ Jesus. I claim that promise today.

Please guard my heart and mind against anxiety and worry.

In the name of Jesus.

Amen

And, as a reminder of God's promise to us, I share this beautiful picture of our beloved home.



Be well.

With Grace and Blessings,
Art