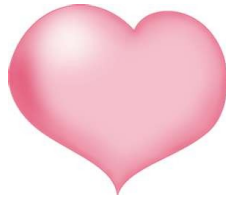




# Holy Child Academy



# February 2012



## Lunch Menu

### All student lunches include

Whole Milk, Skim Milk, 1% Milk  
or Low Fat Chocolate Milk  
100% Juice or Fresh Fruit &  
Fresh Vegetables

### Sandwiches Available Daily

Turkey, Low Sodium Ham,  
Genoa Salami, Beef Bologna,  
American Cheese, Roast  
Chicken, Italian Hero, American  
Hero, Sun Butter & Jelly, Sun  
Butter

### Sandwiches Available Twice-A-Week

Roast Beef, Corned Beef,  
Pastrami, BBQ Chicken, Buffalo  
Chicken, Tuna Salad, Chicken  
Salad, Egg Salad, Seafood Salad

### Sensible Alternatives Daily

Yogurt, Cereal, Assorted Fresh  
Fruit, Assorted Fresh Vegetables

Mon	Tue	Wed	Thu	Fri
		1 Chicken & Broccoli Puoding	2 Grilled Cheese Potato Chips Brownies	3 Pizza Ice Cream
6 Quesadillas Tortilla Chips Churros	7 Brunch for Lunch Fresh Baked Cookies	8 Beef Sliders French Fries Fruit Snacks	9 Chicken Parm Rice Puoding	10 Baked Ziti Ice Cream
13 Hot Dogs French Fries Puoding	14 Grilled Cheese Potato Chips Fruit Snacks	15 Tortellini Homemade Sauce Fresh Baked Cookies	16 Beef Sliders Potato Chips Brownies	17 Professional Day <b>No School</b> Winter break begins
20 President's Day  Winter break <b>No School</b>	21	22	23	24
27 Meatball Heroes French Fries Fruit Snacks	28 Pasta Homemade Sauce Fresh Baked Cookies	29 Arroz con Pollo Puoding		

### Salad Bar Includes:

Assorted Cheeses  
Assorted Cold Salads  
Assorted Fruit  
Carrots  
Celery  
Chick Peas  
Cucumbers  
Fresh Fruit  
Green Peppers  
Hard Boiled Eggs  
Hummus  
Kidney Beans  
Olives  
Raisins  
Roasted Peppers  
Romaine Lettuce  
String Beans  
Tomatoes

~and much more~