



Holy Child Academy



December 2017

Lunch Menu



~Menu is subject to change, notice posted when available.~

DID YOU KNOW ?

All student lunches include

Organic Fat-free,

1% or Low Fat Milk

100% Juice and Fresh Fruit &

Fresh Vegetables

Boar's Head Sandwiches

Available Daily

Turkey, Low Sodium Ham, Genoa

Salami, Beef Bologna, American

Cheese, Roast Chicken, Italian

Hero, American Hero, Sun Butter &

Jelly, Sun Butter

Sandwiches Available

Twice-A-Week

Roast Beef, Corned Beef, Pastrami,

BBQ Chicken, Buffalo Chicken,

Tuna Salad, Chicken Salad, Egg

Salad, Seafood Salad

Sensible Alternatives Daily

Yogurt, Cereal, Assorted Fresh

Fruit, Assorted Fresh Vegetables

• Our meats, condiments and cheeses are all lean or low fat.

• We offer whole grain pastas, rice and bread products.

Monday	Tuesday	Wednesday	Thursday	Friday
			30 Grilled Cheese Chips	1 Pizza
4 Chicken Fingers Corn	5 Penne a la Vodka	6 Beef Sliders Chips	7 Chicken Parm. Rice	8 Baked Ziti
11 Hot Dogs Baked Beans	12 Brunch For Lunch	13 Tortellini Homemade Sauce	14 Lemon Chicken Potatoes	15 Pizza
18 Chicken Fingers Corn	19 Swedish Meatballs & Noodles	20 Noon Dismissal No Lunch Served	21	22
25	26	27	28	29

Salad Bar Includes:
Assorted Cheeses
Assorted Cold Salads
Assorted Fruit
Carrots
Celery
Chick Peas
Cucumbers
Fresh Fruit
Green Peppers
Hard Boiled Eggs
Hummus
Kidney Beans
Olives
Raisins
Roasted Peppers
Romaine Lettuce
String Beans
Tomatoes
~and much more~

Products sourced by J.Kings contain Zero Trans Fats. • The majority of the food sourced by J. Kings does not contain HFCS, artificial sweeteners. We will continue to work on this initiative.

Christmas Fun Fact: Santa Claus is also known as St. Nicholas, Father Christmas, Grandfather Frost and Kris Kringle.

This institution is an equal opportunity provider and employer.

